

## WHOLE SCHOOL MEALS - MENU - NOVEMBER 2021 - MARCH 2022

Weeks 22-Nov 03-Jan 24-Jan 21-Feb 14-Mar	<b>Optn 1</b> Homemade Pizza (v) or <b>Optn 2</b> Mexican Bean Wraps (vg)  Jacket Wedges & Ketchup  Baked Beans & Peas  <b>Dessert</b> Iced Banana Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Chicken Goujons or Spicy Tomato Pasta (vg)  Crushed New Potatoes  Broccoli & Carrots  Raspberry Buns Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Roast Pork with Apple Sauce & Gravy or Vegan Quorn Sausage & Gravy (vg)  Roast/Boiled Potatoes  Local Seasonal Vegetables & Cooks Choice  Angel Delight Mousse Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Spaghetti Bolognese or Cauliflower & Broccoli Bake (v)  Garlic Flatbread  Mixed Vegetables & Broccoli  Vanilla Shortbread(vg) Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Salmon Bites or Fish Fingers or Veggie Nuggets (vg)  Chips/Pasta  Baked Beans & Sweetcorn  Chocolate Krispie Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)
Weeks 29-Nov 10-Jan 31-Jan 28-Feb 21-Mar	<b>Optn 1</b> Macaroni Cheese (v)/Tomato Pasta(vg) or <b>Optn 2</b> Veggie Stir Fry with Rice (vg) or Noodles (v)  Garlic Dough Balls  Peas & Mixed Vegetables  <b>Dessert</b> Oat Cookie Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Meatballs in Tomato Sauce or Meatless Meatballs (vg)  Pasta  Broccoli & Carrots  Marble Sponge Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Roast Chicken Thigh with Stuffing & Gravy  Vegan Quorn Sausage & Gravy (vg)  Roast/Boiled Potatoes  Local Seasonal Vegetables & Cooks Choice  Ice Cream/Frozen Fruit Smoothie (vg) & Fruit Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Minced Beef Wellington & Gravy or Quorn Meatloaf (v)  Creamed Potatoes  Cauliflower & Green Beans  Lemon Drizzle Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Breaded/Battered Fish or Curried Veggie Pasty (vg)  Chips/Pasta  Baked Beans & Peas  Chocolate Shortbread (vg) Fresh Fruit/Jelly/Oaty Apple Bar (vg)
Weeks 06-Dec 17-Jan 07-Feb 07-Mar 28-Mar	<b>Optn 1</b> Pitta Pizza (v)  <b>Optn 2</b> Pasta Provencale (vg)  Herby Diced Potatoes  Peas & Sweetcorn  <b>Dessert</b> Cookie Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Chicken Tacos or Pulled BBQ Jackfruit (vg)  Savoury Rice  Carrots & Green Beans  Chocolate Sponge Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Roast Gammon & Gravy or Chickpea Pattie (vg)  Roast/Boiled Potatoes  Local Seasonal Vegetables & Cooks Choice  Frozen Fruit Smoothie Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Baked Sausages & Gravy or Vegan Quorn Sausage & Gravy (vg)  Creamed Potatoes  Swede & Broccoli  Iced Carrot Cake Fresh Fruit/Jelly/Oaty Apple Bar (vg)	Fish Fingers or Veggie Nuggets (vg)  Chips/Pasta  Baked Beans & Sweetcorn  Goosey Chocolate Biscuit Fresh Fruit/Jelly/Oaty Apple Bar (vg)